

Persons on the autism spectrum often report hypersensitivity to sound. Efforts have been made to manage this condition, but there is wide room for improvement. One approach—exposure therapy—has promise, and a recent study showed that it helped several individuals diagnosed with autism overcome their sound sensitivities. This project borrows principles from exposure therapy, and use fun, engaging, games to help individuals gradually get used to sounds that they might ordinarily find frightening or painful.

Institute/Organization : MIT Media Lab, Massachusetts Institute of Technology, USA

Research Team : Rosalind W. Picard (Director)

Status : Ongoing

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